

1st ANNUAL
QUASSY AMUSEMENT PARK

12 & UNDER OPEN WATER SWIMMING SERIES

To Benefit the Waterbury YMCA &
The Quassapaug Sailing Center

ALL PARTICIPANTS MUST BE REGISTERED MEMBERS OF USA SWIMMING

Held under sanction by USA Swimming & Connecticut Swimming # L10-46

Monday July 12, 2010 - Open Water Swimming Clinic
Monday July 19, 2010 - $\frac{1}{4}$ Mile Open Water Swim Race
Monday July 26, 2010 - 1 Mile Open Water Swim Relay
Monday August 2, 2010 - $\frac{1}{2}$ Mile Open Water Swim Race

All Events Start at 6:00 p.m.

Registration and Warmup Starts at 5:30 p.m.

Swim in beautiful Lake Quassapaug in Middlebury, CT
60 Foot Deep, Spring Fed, Fresh Water Lake
No need to worry about jellyfish, horseshoe crabs or salt water

Quassy Amusement Park
Route 64 in Middlebury, CT

There are no rain dates and event will occur rain or shine
Unless there is thunder and lightning

Entry Fees

___ Open Water Swim Clinic on July 12	No Charge
___ 1/4 Mile Race on July 19	\$15.00 per swimmer
___ 1 Mile Relay Race on July 26 4 swimmers - each swimmer swims 1/4 mile	\$20.00 per relay
___ 1/2 Mile Race on August 2	\$15.00 per swimmer
___ 1/4 Mile and 1/2 mile Races	\$25.00 per swimmer

ENTRY INFORMATION:

Name: _____ Sex: _____

Date of Birth: _____ Age on Race Day _____

Address: _____ City: _____ State: ____ Zip: _____

Phone: _____ E-mail address: _____

Emergency Contact: _____ Emergency Phone: _____

Parent/Legal Guardian Signature if Under 18: _____

Name of Parent/Legal Guardian: _____

Name of USA Swimming Team _____ USA Swimming ID # _____

Relay Team Members should submit an Entry Form for each Swimmer on the Relay.

By completing and mailing this entry form, I indicate my agreement to sign a liability waiver form at pre-race registration.

Mail entry form, check* to:
QUASSY Open Water Swim Series
c/o David Heller
29 Coventry Lane
Naugatuck, CT 06770

For Info:
Call: (203) 509-7320
E-mail: sphdmh@aol.com
Website:
qsailingcenter.org

****Please make checks payable to: Quassapaug Sailing Center***

Rules

USA Swimming Open Water Swimming Rules will Apply.

Race Director & Event Referee

David Heller

Asst. Race Director

James O'Rourke

Safety Chairman

David Kunces

Qualified Participants

The Events are open to all 2010 USA Swimming registered swimmers. Seasonal USA Membership Registration Forms will be available at Quassy for swimmers to register for USA Swimming at a cost of \$ 32.50

Age Groups

*Competition will occur and Awards Presented by Age Group
The Age Groups are 8, 9, 10, 11 and 12*

Entries

Swimmers can enter as a group by submitting an entry list of all entrants (with name, age and USA #) using Hytek software. The entry list and a single payment for the entire group can be submitted by mail. Swimmers who enter using this method do not need to fill out individual entry forms./

Individual entries are available through www.active.com

Swimmers can register individually by completing the entry form and submitting it by mail. Photo copies of the entry form are acceptable.

Refreshments

Food and beverages will be available for purchase at Quassy.

Parking

Each car entering Quassy will be charged \$ 5.00 to park.

Amusement Park Ride & Saturation Station Passes

*Ride and Water Park Passes are available for purchase for the discounted price of **\$5.00** from 5:00 to 8:00 p.m.*