



## Quassapaug Sailing Center COVID-19 Policies for using the property

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The QSC Board is very concerned with the current outbreak of COVID-19. We do realize that an outdoor exercise is good for personal wellbeing and emotional health. Therefore we are looking for ways to make our facility available to our member/sponsors in the coming months. We are echoing the Connecticut State DEEP Guidelines for use of the Connecticut state parks. These guidelines can change at anytime.

Our facility is open for solitary outdoor enjoyment. **If you plan on visiting QSC, it should be for solitary recreation, not group activities.** Please plan ahead as many amenities and indoor facilities are closed, and sponsors are encouraged to follow these guidelines to enhance social distancing. Following state and federal guidelines the QSC Board is suggesting the following use of our facility:

1. You must be a paid in full 2020 Member/Sponsor to use the property! The Board is extremely concerned about our finances. Unless you are Member/sponsors that have paid for 2020, you should not be going on the property and it would be considered as trespassing.
2. All state Covid-19 guidelines should be followed. The currently includes the following:
  - a. 6'+ separation.
  - b. **Face masks** to be brought on visits to QSC. Please wear a face mask as you come and go from your cars to where you will be stationed. Our paths/porch and via ways are too narrow to guarantee proper social distancing. Removing the face masks to sit (properly spaced), participate in water sports... is fine.
2. **The building:** ground floor of the building will remain closed, and alarmed. The **bathrooms**, kitchen, and social room will **not be available** for use. Please "go before you go" (to the lake). If you must use the trees, make sure you are greater than 100 yards from the water.
3. The second floor of the building will be available for access to one's personal property; lockers, SUPs, kayaks... please be very conscious of what you touch and social distancing. Also please lock the second floor door when you leave the property. Do not leave your keys in your locker while out enjoying the water.
4. All changing rooms (near the flag pole and on the second floor) will be closed. Please change at home or in your car.
5. No social gatherings or events will take place at QSC until future notice.
6. The property is open to use with proper social distancing as recommended by state and federal guidelines – please refer to the CDC website.

7. **Docks and Floats.** There will be no seating (sunbathing) allowed on the swim dock. The dock should be used as passage to and from the water. The green floating dock may be used for sunbathing. Please keep proper social distancing on the green dock and the swim raft. Do not go there if it is crowded!
8. **Sailing:** If you are using the hoist, please sanitize the hoist controls before you use them.
9. **The Guest Policy:** The Guest policy is amended to allow 2 guests per sponsor/member family on weekdays only. The guest and their sponsors are subject to the usual Guest rules (Only twice a month, must be with the sponsors at all times...). **No Guests are allowed on weekends.** The board is very concerned about having enough space for our members to social distance. The Board will review this policy at every monthly board meeting.
10. **Picnic Tables** and benches will not be available.
11. **Lawn/beach chairs** will not be available. Please bring your own.

Reducing community spread of coronavirus is imperative, and QSC asks sponsors to the Quassapaug Sailing Center to take the following steps to enhance “social distancing” when enjoying the property.

- If you're not feeling well, stay home! Signs and symptoms of coronavirus include fever, cough and shortness of breath.
- Because QSC facility does not have open restrooms, Sponsors are encouraged to plan a short visit to QSC.
- If you arrive at a QSC and crowds are forming in an area of QSC, choose a different activity, or return another day or time. Please avoid areas where people tend to congregate, like the porch, swim dock...
- Observe the CDC's minimum recommended social distancing of six feet (or more) from other people, whether you're walking, biking, hiking, swimming, sailing, SUPing, kayaking or just sitting in the sun. Practice social distancing and know what it looks like.
- Warn other QSC users of your presence and as you pass to allow proper distance and step off trails to allow others to pass, keeping minimum recommended distances at all times. Signal your presence by speaking up.
- Please wear a mask as you move around the property.
- Follow the CDC's guidance on personal hygiene prior to heading to the park. Wash your hands, carry hand sanitizer, cover your mouth and nose when coughing or sneezing, and avoid surfaces that are touched often, such as doorknobs, handrails, and equipment.
- Bring water or drinks. The water cooler will not be available.
- Bring a suitable trash bag. Leave no trash; take everything out to protect other members. Trash maybe left in the dumpster halfway up the front driveway.

### **Access and Changes to Operations:**

QSC will be closely monitoring state and federal guidelines for minimizing the spread of COVID-19 and will make further adjustments to the Sailing Center operations as needed. If you have comments or suggestions, please send them to [manager.qsc@gmail.com](mailto:manager.qsc@gmail.com) .