

19th ANNUAL  
QUASSAPAUG SAILING CENTER  
**OPEN WATER  
SWIMMING FESTIVAL**

Sponsored by and to Benefit the  
Quassapaug Sailing Center

3 Mile Open Water Swim Race  
1  $\frac{1}{2}$  Mile Open Water Swim Race  
 $\frac{1}{2}$  Mile Open Water Swim Race

Swim in beautiful Lake Quassapaug in Middlebury, CT  
60 Foot Deep, Spring Fed, Fresh Water Lake  
Point to Point, Straight Line Swims for 3 and 1  $\frac{1}{2}$  Mile Swim Races

3 Mile Race Starts at 8:00 a.m. (Check-In 7:00 - 7:45 a.m.)  
1  $\frac{1}{2}$  Mile Race Starts at 11:00 a.m. (Check-In 10:00 - 10:45 a.m.)  
 $\frac{1}{2}$  Mile Race Starts at 1:00 p.m. (Check-In 12:00 - 12:45 p.m.)

**Quassapaug Sailing Center  
Middlebury, CT  
Saturday, August 30, 2025**

(Rain date is Sunday August 31, 2025)

Athlete Entry Fee includes Post Race Food and Awards Ceremony

Directions

I-84 West, Exit 17 to Route 64 past Quassy Amusement Park.  
After Amusement Park take First Right onto Old Woodbury Rd. and follow signs to QSC  
I-84 East, Exit 16 at end of Ramp turn Right onto Route 188 then Left Turn onto Christian Road and  
then Second Left onto Route 64 to Right Turn onto Old Woodbury Rd and follow signs to QSC

## Entry Fees

### 3 Mile Race

\$45.00 Postmarked before 7/1/25

\$50.00

\$55.00 Day of Race

### 1 ½ Mile Race

\$40.00 Postmarked before 7/1/25

\$45.00

\$50.00 Day of Race

### ½ Mile Race

\$35.00 Postmarked before 7/1/25

\$40.00

\$45.00 Day of Race

## Five Miles of Open Water Swimming

\_\_\_\_ Entry Fee for All 3 Races

\$90.00 Postmarked before 7/1/25

\$95.00

\$100.00 Day of Race

## Award Categories

### **Male and Female Awards**

by 10 Year Age Groups

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places

### **5 Mile Swimmers Awards**

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Male and Female

### **Wetsuit Competitors**

35 & Under and 36 & Over

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Male and Female

### **Swimmers will be Removed from the Water Based upon the Following**

#### **Time Limits:**

3 Mile Swim – 2 ½ Hours

1 ½ Mile Swim – 1 ½ Hours

½ Mile Swim – 1 Hour

Tickets for Post Race Food for Family, Relatives & Friends are on sale for \$10.00 and can be Purchased at QSC on Day of Race Only.

## **ENTRY INFORMATION:**

Name: \_\_\_\_\_ Sex: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on Race Day \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Parent/Legal Guardian Signature if Under 18: \_\_\_\_\_

Name of Parent/Legal Guardian: \_\_\_\_\_

**By completing and mailing this entry form, I indicate my agreement to sign a liability waiver form at pre-race registration on race day.**

Mail entry form, check to:

**QSC Open Water Swim**

**c/o David Heller**

**29 Coventry Lane**

**Naugatuck, CT 06770**

For Info:

**Call: (203) 509-7320**

**E-mail: [sphdmh@aol.com](mailto:sphdmh@aol.com)**

**Website:**

**[qsailingcenter.org](http://qsailingcenter.org)**

*\*Please make checks payable to: Quassapaug Sailing Center*